

## **COVID-19 Policy and Procedures**

Your safety, with regard to COVID-19, are a priority and we are taking rigorous steps to ensure that safety during your visit.

### Health Symptom and Contact Screening:

- Patients are screened for COVID symptoms prior to making an appointment and upon arrival for their appointment.
- Patients who have had known or suspected contact with COVID+ individuals are asked not to come to their appointment, and will be rescheduled after they have been cleared.
- Every patient's temperature is taken upon arrival with a contact-free thermometer.

### Face masks and coverings:

- A face mask is required for all patients, and must be worn at all times while inside the building and Dr. Castleman's office.
- Dr. Castleman wears an N-95 mask, faceshield, gown and gloves. She has also completed her 2-step Moderna vaccination.

### Cleaning procedures

- All surfaces, medical equipment, and instruments are thoroughly disinfected before and after each patient.
- Air purifiers are running throughout the day and visits are spaced to allow time for the air to be cleared.
- All patients are asked to use the provided hand sanitizer upon arrival inside the office, as needed during the visit and prior to leaving the office.
- Dr. Castleman uses hand sanitizer frequently and washes her hands before and after each patient visit. Gown and gloves are changed between patients.

### Companion Guidelines

- We request that only the patient come inside the building. If a companion is required and approved by Dr. Castleman, they must follow the same policies and procedures.